



ORAL & MAXILLOFACIAL SURGERY

OF THE PALM BEACHES

Preoperative Instructions

For Patients having Sedation Anesthesia

1. **NOTHING** to **EAT** or **DRINK including water** after midnight the night prior to scheduled surgery.
2. No illegal street drugs including alcohol at least 48 hours prior to surgery.
3. Have a responsible adult accompany you to surgery appointment and drive you home. They should be available for you at home that day of your surgery.
4. Wear loose and comfortable clothing, short sleeves, and flat shoes on the day of surgery.
5. Inform the doctor of any changes in medical history or any medications.
6. You will be given oral and written postoperative instructions and prescriptions at the day of or prior to surgery. Be prepared to have prescriptions filled at the pharmacy on the day of or prior to surgery.
7. Have ice packs, plenty of liquids, and soft foods available.

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